# **Spiritual Gift Inventory Quiz**

Note: Participants should be encouraged to take the online quiz on their tablets or smartphones at **becomingmissionarydisciples.net**. The online quiz automatically tallies the answers and gives an immediate list of gifts according to how the questions were answered. The paper copy is included here, should it be needed.

#### INTRODUCTION TO THE SPIRITUAL INVENTORY QUIZ

The Spiritual Gifts Inventory can help you determine which spiritual gifts you have been blessed with and are challenged to use in living out your baptismal call to build up the Kingdom of God. It will take approximately 15-20 minutes to take the inventory but a whole lifetime to use your spiritual gifts. There are 115 questions that assess your gifts in twenty-three different areas. Once you've totaled your scores for each of the gifts using the self-scoring sheet, determine your top three spiritual gifts and use the List of Spiritual Gifts to deepen your understanding of these gifts and how they might be used.

The Inventory is on the following pages.

are U	nte by placing an "X" whether you Strongly Agree, Agree Somewhat, nsure, Disagree Somewhat, or Strongly Disagree with each ion. Don't be modest! Answer spontaneously and honestly.	Agree (4)	Agree (3)	Unsure (2)	Disagree (1)	Strongly Disagree (0)
1.	I find great joy in leading people to accomplish goals					
2.	I feel called to be a leader in the church.					
3.	I look for opportunities to assist people who have trouble doing for themselves.					
4.	I find the repair and maintenance of things in my environment come easily to me.					
5.	It seems easy to perceive whether what a person is doing is honest or dishonest.					
6.	I enjoy sharing about God with people who are not church-goers.					
7.	I enjoy motivating people to a higher spiritual commitment.					
8.	I try to do God's will, even when it's not the popular thing to do.					
9.	It is very satisfying to me to give generously of my money for God's work.					
10.	I enjoy the opportunity to pray with and for a person who is physically ill.					
11.	I like having people in my home.					
12.	I seem to recognize prayer needs instinctively.					
13.	I enjoy learning new things of all kinds.					
14.	I feel great compassion for the problems of others.					
15.	I adapt easily in a culture different from mine.					
16.	I like to sing hymns and songs either alone or with other people.					
17.	I enjoying having the responsibility of leading other people in their spiritual life.					

		Strongly Agree (4)	Somewhat Agree (3)	Unsure (2)	Somewhat Disagree (1)	Strongly Disagree (0)
18.	I am ready to try the impossible, because I have great trust in God.					
19.	I like to talk about spirituality with other Christians.					
20.	I enjoy doing "chores" around the church.					
21.	I'm excited in helping people discover important insights in the scriptures.					
22.	I communicate easily with people of a different culture or language background.					
23.	People with spiritual problems have come to me for advice and counsel.					
24.	People seem to enjoy following my leadership in undertaking an important work.					
25.	I feel that God gives me wisdom in leading people in spiritual matters.					
26.	I enjoy helping with the emergency tasks around the Church.					
27.	I have enjoyed creating various kinds of arts and/or crafts.					
28.	I seem to have a sense of the direction in which God is leading.					
29.	I seem to be able to sense when the Spirit is leading a person to realize the holy in their lives.					
30.	I have a knack for bringing out the best in others.					
31.	I'm willing to keep trying, even when a task is tedious and seems unending.					
32.	I share my possessions with others willingly.					
33.	I have prayed with a person who was in distress, and the person was comforted.					

		Strongly Agree (4)	Somewhat Agree (3)	Unsure (2)	Somewhat Disagree (1)	Strongly Disagree (0)
34.	I do not feel uncomfortable when people drop in unexpectedly.					
35.	I pray for others often and for significant periods of time.					
36.	Through study I have learned many helpful insights.					
37.	Visiting people in retirement homes or the hospital gives me great satisfaction.					
38.	It is easy for me to move into a new community and make friends.					
39.	God has given me the ability to play a musical instrument and I enjoy it.					
40.	It is exciting to provide spiritual leadership for a congregation.					
41.	I am often ready to believe God will lead us through a situation which others feel is impossible.					
42.	I like to share scripture to comfort and encourage others.					
43.	I enjoy doing routine tasks for the glory of God.					
44.	I have enjoyed teaching individuals and/or classes.					
45.	I derive spiritual meaning from music, art or nature.					
46.	I enjoy helping another to find solutions to difficult problems in life.					
47.	I like to organize people for more effective ministry.					
48.	I have little fear in leading people in spiritual matters.					
49.	I don't mind helping people who are sick or disabled.					

		Strongly Agree (4)	Somewhat Agree (3)	Unsure (2)	Somewhat Disagree (1)	Strongly Disagree (0)
50.	I like to create things with my hands.					
51.	I seem to have a knack for sensing the difference between truth and error.					
52.	I am drawn to share my faith in God with others.					
53.	I like to encourage inactive church members to become involved again.					
54.	I am sure of God's loving presence, even when things go wrong.					
55.	I appreciate the opportunity to give of my skills and energy in a critical situation.					
56.	I feel called to be a part of the healing ministry of the church.					
57.	People seem very comfortable in my home.					
58.	God consistently answers my prayers in tangible ways.					
59.	I have learned much about God from Scripture, books and observing life.					
60.	I sense joy in comforting people in difficult situations.					
61.	I am able to relate to and communicate with people of different locations or cultures.					
62.	I have enjoyed being involved with Church, school and/or local musical productions.					
63.	I like to assist people with their spiritual problems.					
64.	I believe that when I am doing God's will, God can and does work through me.					
65.	I enjoy relating God's Word to the issues of the day and sharing this with others.					

		Strongly Agree (4)	Somewhat Agree (3)	Unsure (2)	Somewhat Disagree (1)	Strongly Disagree (0)
66.	When there is something to be done for the church, I'm glad to help, but I don't want to be in charge.					
67.	It seems that people learn readily when I teach them.					
68.	I can communicate well with people who are limited by a physical or mental handicap.					
69.	I seem to be able to help people find the truths they seek.					
70.	I like the challenge of making important decisions.					
71.	I appreciate the opportunity to share God's word with others.					
72.	One of my ministries is helping other people to bear their burdens.					
73.	I like to spend time and money improving and beautifying things in God's creation.					
74.	I have helped people to discover God's will in their lives.					
75.	I have sometimes shared spiritual experiences with a neighbor who doesn't attend church.					
76.	People who are feeling perplexed often come to me for encouragement and comfort.					
77.	When everyone is discouraged, even me, I still trust God.					
78.	If I cannot give money to support God's work, I give generously of my time.					
79.	I feel peace when I am with a person who is sick or injured.					
80.	When missionaries or church leaders come to our church I like (or would like) to have them come to my home.					

		Strongly Agree (4)	Somewhat Agree (3)	Unsure (2)	Somewhat Disagree (1)	Strongly Disagree (0)
81.	I faithfully pray for others recognizing that their effectiveness and total well-being depends on God.					
82.	Knowledge of the Bible and of Church teachings helps me to solve problems in daily life and in the life of the Church.					
83.	People seem to think I am a kind, compassionate person.					
	The thought of helping to start a new parish in a new community is exciting to me.					
85.	I feel secure that my musical ability will be of benefit to the people with whom I come in contact.					
86.	People like to bring their troubles and concerns to me because they feel I care.					
87.	People seem to think of me as one who believes that with God everything is possible.					
88.	It is important for me to speak out against wrong when I see it in the world.					
89.	I find more satisfaction in doing a job myself than in finding someone else to do it.					
90.	One of the joys of my ministry is training people to be more effecting in living out their faith.					
91.	I can understand and communicate specialized or technical information.					
92.	I feel that I have insight in selecting workable alternatives in difficult situations.					
93.	When I am in a disorganized group, I tend to be the first one to step forward to get us organized.					
94.	I enjoy training the volunteers and even the staff in the parish.					

		Strongly Agree (4)	Somewhat Agree (3)	Unsure (2)	Somewhat Disagree (1)	Strongly Disagree (0)
95.	If a family is facing a serious crisis, I enjoy the opportunity to help them.					
96.	I find pleasure in designing, creating and decorating things.					
97.	I often look beneath the surface and discover richer meanings.					
98.	I feel a deep concern for the people in my community who are not coming to Church.					
99.	I am sort of like a cheerleader, cheering others on when they are doing something well.					
100.	Even when it seems that my prayers are not answered, I keep praying.					
101.	I give sacrificially of my time, talents and resources because I now that God will meet my needs.					
102.	I feel strongly that my prayers for a sick person are important.					
103.	I have opened my home to someone in need.					
104.	I find myself praying even while I am doing other things.					
105.	I find it an enjoyable challenge to read and study a difficult book of the Bible.					
106.	I find great satisfaction in visiting people who are confined to their homes.					
107.	I have a strong desire to meet people of other communities and countries to talk about our respective understandings of God.					
108.	I have a knack for selecting appropriate and inspiring music for worship services or for parish events.					

	Strongly Agree (4)	Somewhat Agree (3)	Unsure (2)	Somewhat Disagree (1)	Strongly Disagree (0)
109. I enjoy a close relationship with people in a one to one situation.					
110. I will take on a difficult task for the church, because God will give me the ability to see it through.					
111. I feel called to stand up for what is right even if it irritates others.					
112. I like to do things without attracting much attention.					
113. It is easy to organize materials for teaching a Bible class.					
114. I have a knack for foreign languages, ASL or Braille.					
115. I have confidence in dealing with problems.					

#### SCORING YOUR SPIRITUAL GIFTS

Put your scores for each question into the following table, then compute the sum of each row. This provides your score for each spiritual gift. (The number at the top of the column that corresponds to each answer choice is the point value for that answer.)

1 _	24	47	70	93	=	Administration
2 _	25	48	71	94	=	Apostle
3 _	26	49	72	95	=	Caregiver
4	27	50	73	96	=	Craftsmanship
5	28	51	74	97	=	Discernment
6	29	52	75	98	=	Evangelist
7 _	30	53	<u></u> 76	99	=	Encouragement
8	31	54	77	100	=	Faith
9	32	55	78	101		Generosity
10	33	56	79	102		Healing
11	34	57	80	103		Hospitality
12	35	58	81	104	=	Intercession
13	36	59	82	105	=	Knowledge
14	37	60	83	106		Mercy
15	38	61	84	107		Missionary
16	39	62	85	108		Musician
17	40	63	86	109	=	Servant Leadership
18	41	64	87	110	=	Trust
19	42	65	88	111	=	Prophet
20	43	66	89	112	=	Serving
21	44	67	90	113	=	Teacher
22	45	68	91	114	=	Communication
23	46	69	92	115	=	Wisdom

#### UNDERSTANDING YOUR SCORE

- **15-11** You could easily do this if you want to
- **10-6** You would have to work hard to do this gracefully
- **5-0** You would probably not enjoy doing this.

A list of Spiritual Gifts follows. Each description includes a scripture reference and a partial list of ministries that need people with these gifts. Keep in mind, these are only suggested ministries. The Holy Spirit may inspire you to use your gifts in various ways within your parish community. This inventory and list is provided with the hope that it will serve as one small step toward helping you recognize, embrace and use the gifts with which God has blessed you. You are encouraged to read and pray over the scripture references as you discern your gifts.

#### LIST OF SPIRITUAL GIFTS

**Administration**—The Holy Spirit enables some individuals to motivate, direct and inspire God's people in such a way that they voluntarily and harmoniously work together to do the Church's work effectively. This gift involves being able to put things together, tie up all the "loose ends" and get things done and setting a pattern for others to follow. Adeptness at financing, planning, organizing, delegating responsibilities and problem-solving can be indications of the gift of administration. *Hebrews 13:7, Judges 3:10, Exodus 18:13-16* 

Examples of Parish Ministries: Funeral Ministry, Christ Renews His Parish/ACTS, Knights of Columbus, Student Suppers, Parish Suppers, Agape, Holiday Fair, Church Office Help, Religious Education, Pastoral Council, Adult Faith Formation, St. Vincent de Paul Society, Finance Council, Ushers/ Greeters

**Apostleship**—To exercise the gift of apostleship is to perceive and accept God's call to lead others in their spirituality, and to be instrumental in acknowledging God's grace and authority in the life of the Church. This gift involves being able to lead others wisely and compassionately and training others in spiritual matters. Apostleship includes a combination of wisdom, discernment, leadership and teaching. *Matthew 4:18-22. Acts 14:21-23* 

Examples of Parish Ministries: Christ Renews His Parish/Acts, Religious Education, Adult Faith Formation, Pastoral Council, Social Justice Ministry, Small Christian Communities, Young Adult Ministry, RCIA Sponsor, Finance Council, Nursing Home Ministry

**Caregiving**—The Holy Spirit empowers some persons to willingly bear the burdens of others and help them in such a way that they can do their tasks more effectively. To exercise the gift of caregiving or helping is to give assistance or relief from distress where it is needed. This gift involves a willingness to help others even when the jobs may be messy or involve getting into close proximity with people who are sick or distressed. *Matthew 25:34-40, Acts 6:2-4* 

Examples of Parish Ministries: Funeral Ministry, Meals on Wheels, St. Vincent de Paul Society, Communion Outreach Ministry, Nursing Home Ministry, Outreach to the Homebound/Elderly, Nursery Volunteer, Hospitality Ministry, Youth Ministry, Spiritual Direction

**Craftsmanship**—To exercise the gift of craftsmanship one must have or develop a skill, be it a hobby or a vocation and must be willing to share this ability with others either in finished products or in teaching others the skill. This gift involves any art or craft or skill, from painting to pottery, to woodwork or weaving, computer skills or photography—any art or craft that can be used to the glory of God. *Exodus 28:3-4, Jeremiah 18:1-6, Exodus 35:35* 

Examples of Parish Ministries: Church Office Help, Habitat for Humanity, St. Vincent de Paul Society, Altar/Sacristy Ministers, Technology Committee

**Discernment**—The Holy Spirit enables some of us to discover the will of God. To exercise the gift of discernment is to distinguish between truth and error, to identify whether something is of God. This gift involves wisdom and prayerfulness. *Proverbs 17:24, Hosea 14:8-9, Acts 5:3-6* 

Examples of Parish Ministries: Communion Outreach Ministry, Outreach to the Homebound and Elderly, Christ Renews His Parish/ACTS, Pastoral Council, Finance Council, Bible Study

**Evangelization**—The Holy Spirit enables individuals to share the Gospel with others in such a way that they come to know God. To exercise the gift of evangelism is to share one's faith within and beyond the parish. This gift involves an unabashed willingness to share the Good News and one's personal faith journey. *Acts* 8:26-40, *II Timothy* 4:5

Examples of Parish Ministries: Religious Education, Adult Faith Formation, Youth Ministry, Christ Renews His Parish/ACTS, Small Christian Communities, Young Adult Ministry, RCIA Sponsor, Eucharist Ministers, Lectors, Bible Study, Technology Committee

**Encouragement**—Empowered by the Holy Spirit, some persons are called to stand beside other people who are in need and bring comfort, counsel and encouragement so they feel helped. To exercise the gift of encouragement is to call forth the best from others. This gift involves helping others to be more dedicated in living out their faith, bolstering them up when they are discouraged or downhearted and challenging them to see the goals to which God calls them. *Acts 11:23-24, Acts 14:21-22* 

Examples of Parish Ministries: Religious Education, Small Christian Communities, Young Adult Ministry, Youth Ministry, Communion Outreach Ministry, Nursing Home Ministry, Outreach to Homebound/ Elderly, Social Justice Ministry, St. Vincent de Paul Society, Nursery Volunteer, Pastoral Council, Spiritual Direction

**Faith**—The Holy Spirit provides individuals with extraordinary confidence in God's promises, power, and presence so that they can take heroic stands for the future of God's work in the church and faith community. This gift involves a healthy prayer life, sensitivity to the will of God and a firm trust that God will come through, even when there is no concrete evidence. *Hebrews 11* 

Examples of Parish Ministries: Lector, Spiritual Direction, Small Christian Communities, Pro-Life Ministry, Social Justice Ministry, St. Vincent de Paul Society, Christ Renews His Parish/ACTS, Bible Study

**Generosity**—The Holy Spirit enables people to offer energies, abilities and material resources for the work of the church with exceptional willingness, cheerfulness and generosity. To exercise the gift of giving one operates out of a spirit of selflessness, requiring no recognition or reward for their giving. This gift involves offering one's time, talent and treasure. *2 Corinthians 8: 1-5, Matthew 6: 1-4* 

Examples of Parish Ministries: St. Vincent de Paul Society, Communion Outreach Ministry, Nursing Home Ministry, Outreach to Homebound/Elderly, Knights of Columbus, RCIA Sponsor, Funeral Ministry, Meals on Wheels, Habitat for Humanity, Nursery Volunteer, Youth Ministry

**Healing**—The Holy Spirit leads some individuals to aid in restoring people who are sick. To exercise the gift of healing is to pray not necessarily for a cure but for God's help for the sufferer, that something of good may come out of the distress. This gift involves a healthy prayer life, confidence in God's power to provide courage in suffering, and wellness of spirit regardless of the condition of the body or mind. *James 5: 13-16, Luke 9: 1-2 , II Kings 5: 1-3, 9-14* 

Examples of Parish Ministries: Funeral Ministry, Communion Outreach Ministry, Nursing Home Ministry, Outreach to the Homebound/Elderly, Meals on Wheels, Spiritual Direction

**Hospitality**—A concern for the comfort of others may be a manifestation of the gift of hospitality. This gift involves having a knack for making people at ease, enjoying being in the presence of strangers and a welcoming spirit. Scripture references: *Hebrews 13:1-2, Genesis 18:1-8* 

Examples of Parish Ministries: St. Vincent de Paul Society, RCIA Sponsor, Ushers/Greeters, Hospitality Ministry, Student Suppers, Nursery Volunteer, Parish Suppers, Religious Education, Special Events

**Intercession**—Evidences of the gift of intercession would be having the mindset for being instantly in prayer for a person or situation, having confidence that God acts in response to our prayers, being patient and persistent in prayer even when change is not evident and having a continuing sense of responsibility to pray for people and situations. *1 Thessalonians 3:10-13, 1 Timothy 2:1-2* 

Examples of Parish Ministries: Christ Renews His Parish/ACTS, Small Christian Communities, Communion Outreach Ministry, Nursing Home Ministry, Eucharistic Minister, Lector, Prayer Group

**Knowledge**—To exercise the gift of knowledge, one enjoys learning, probably from childhood and on into adulthood. This gift may include knowledge of facts and relationships, of scripture and of the tradition of the church and knowledge of the ways of sharing this learning gracefully. *Ephesians 3:* 14-19, Hosea 6:6

Examples of Parish Ministries: RCIA Sponsor, Social Justice Ministry, Religious Education, Adult Faith Formation, Finance Council, Pastoral Council, Bible Study, Technology Committee, Youth Ministry

**Mercy**—The Holy Spirit provides individuals with exceptional empathy and compassion for those who are weak or suffering so that they can devote large amounts of time and energy to alleviate these conditions. To exercise the gift of mercy is to relate to others in kindness and compassion. This gift involves continual readiness to forgive those who have erred, comfort the bereaved, help those who face a crisis, minister to the sick, become a peacemaker or offer assistance to those in need. *Luke 10:30-37, Micah 6:8* 

Examples of Parish Ministries: Social Justice Ministry, Meals on Wheels, St. Vincent de Paul Society, Communion Outreach Ministry, Nursing Home Ministry, Outreach to Homebound/Elderly, Funeral Ministry, Hospitality Ministry, Spiritual Direction

**Mission**—To exercise the gift of mission is to faithfully and mutually share what one has learned about God. This gift involves a willingness to be with and share with people of different heritage, customs, economic background, experience, or manner of speaking, as much a willingness to listen as to speak and an awareness that God loves all people. *1 Corinthians 9: 19-23, Mark 16: 15-20* 

Examples of Parish Ministries: St. Vincent de Paul Society, Meals on Wheels, Communion Outreach, Nursing Home Ministry, Outreach to Homebound/Elderly, Meals on Wheels, Religious Education, Adult Faith Formation, Communication or Technology Volunteers, Young Adult Ministry

**Musicianship**—The Holy Spirit enables some to praise God through various forms of music and enhance the worship experience of the parish community. To exercise the gift of music may involve some skill in singing or in playing an instrument but may also include the ability to select appropriate music for a worship service or parish event or program. *1 Corinthians 14:26, Psalm 98: 1, 4-6, Psalm150:3-6* Examples of Parish Ministries: Liturgy Commission, Cantors, Parish Choir, Instrumentalist for Masses or celebrations/receptions

**Servant Leadership**—The gift of servant leadership allows individuals to assume responsibility for the leadership and guidance of a group within the church. It includes leading, facilitating, counseling and providing a pastoral presence for various parish programs. *1 Peter 5: 1-11* 

Examples of Parish Ministries: Pastoral Council, Finance Council, Christ Renews His Parish/ACTS, Small Christian Communities, Knights of Columbus, Youth Ministry, Young Adult Ministry, Social Justice Ministry, Technology Committee

**Trust**—The Holy Spirit empowers some individuals to accomplish much toward achieving God's will in our church and community. In some versions of Scripture this gift is called the working of miracles. This gift involves a firm and faithful relationship with God, courage in the face of adversity and a willingness to trust in the power of God. *John 14:11-14, Micah 3:8, Acts 1:8, 2 Timothy 1:5-7* 

Examples of Parish Ministries: St. Vincent de Paul Society, Social Justice Ministry, Funeral Ministry, Pro-Life Ministry, Communion Outreach, Meals on Wheels, Spiritual Direction

**Prophet**—The Holy Spirit empowers some individuals to interpret and apply God's revelation in a given situation. This gift involves a keen sense of the dignity of all people, a sense of call, a sense of timing and some knowledge of Scripture and church teachings. *1 Corinthians* 14:1-5, 1 Corinthians 14:30-33a, 1 Corinthians 14:37-40

Examples of Parish Ministries: Small Christian Communities, RCIA Sponsor, Religious Education, Adult Faith Formation, Youth and Young Adult Ministry, Social Justice Ministry, Eucharistic Minister, Lector

**Service**—To exercise the gift of service is to identify closely with the needs and problems of others, not providing answers or solutions, but being willing to work with them, no matter how small or how big the task may be. This gift involves a willingness to "pitch in" and do whatever is needed, no matter how detailed or tedious the task. *Galatians 6:1-2, Philippians 2:3-8* 

Examples of Parish Ministries: Knights of Columbus, St. Vincent de Paul Society, Nursing Home Ministry, Meals on Wheels, Funeral Ministry, Student Suppers, Ushers/Greeters, Parish Suppers, Church Office Help, Parish Events, Habitat for Humanity, Nursing Home Ministry, Hospitality Ministry, Nursery Volunteer, Religious Education, Youth Ministry, Pastoral Council

**Teacher**—The Holy Spirit enables some individuals to communicate so that others can learn. To exercise the gift of teaching one effectively imparts information or proclaims precepts of our Catholic faith either orally, visually or by example. *Hebrews 5:12-14, Isaiah 28:9-10* 

Examples of Parish Ministries: Religious Education, Adult Faith Formation, RCIA Sponsor, Social Justice Ministry, Lectors, Communion Outreach, Nursing Home Ministry, Bible Study, Youth Ministry

**Communication**—The Holy Spirit enables some of us to communicate or to understand in forms of communication beyond the ordinary. To exercise the gift of communication be familiar with or understand a foreign language or anything (such as ASL, Braille, art, music and more) other than our own native language. *Acts 2:5-11, Psalm 104:2b-35* 

Examples of Parish Ministries: Parish Choir, Instrumentalists, Youth Ministry, Religious Education, Communication or Technology Committee, Pastoral Council, Lectors, Communion Outreach, Nursing Home Ministry, Funeral Ministry, Bible Study

**Wisdom**—Some individuals have an understanding of God's will and work as it relates to the living of life. To exercise the gift of wisdom is to help others to discover the wisdom they have within them. This gift involves knowledge of God and of Scripture, discernment of God's will, and skill in analyzing the problems and dilemmas of life. *Sirach 1:14-19, James 3:13-17, Ecclesiastes 9:13-18* 

Examples of Parish Ministries: RCIA Sponsor, Outreach to Homebound/Elderly, Small Christian Communities, Bible Study, Pastoral Council, Religious Education, Youth Ministry, Church Office Help